



playbook

נוכח שליש  
(third edition - iii)

# Today's Playbook of activity:

1 Aviv 2023

miamicarlo: start time: @ “12:05 sharp” in the afternoon

- meet at 1st location: Arrive early to not miss the Departure of “Auto Train” “Auto Parade”

7300 W. Camino Real, Boca Raton, FL

(Mozart Cafe - now known as Carmela's cafe Kosher) before, by or @ 1133



“SALTF”:

1st SALTF and closely vetted guests meet for the BOD & SOD (Blessing Of the Day & Scripture Of the Day) and briefing.

Protection:

“by Hand of ELOHIM”

1. Car check for each vehicle occupant to have ticket (go online to get ticket - [the5fG.com](http://the5fG.com) then click on “Store”)
2. No physical weapons allowed on persons.
3. Protection clears each vehicle by placing “miamicarlo window sticker” at front “Right” location.
4. Car count
5. Protection will roll through SoFLo with US during “miamicarlo Hummus run” to “Yom Messhiach celebration”.

**WE are** the mishpochah (family) of ELOHIM, passionately pursuing and intimately enhancing OUR relationship with ELOHIM and hoping to “influence many” to do the same.

“ELOHIM is “the treasure” that ALL of humanity is searching for; once you find HIM and get to know HIM, you can’t help but to share “the treasure”!!!...

Whether you believe that the Messhiach (Messiah) is coming, coming again, or not coming at all, ALL are welcome to enjoy OUR presence during an annual celebration WE call Yom Messhiach (Day of Messiah)!!!

“this is a lesson for the whole Olam (whole world): to bless the seed of Yisrael (Israel), and you will be blessed. It is truth of life for the one race, it’s called human weather your Israeli, Jewish, or from any of the other nations of earth; whenever, whoever blesses the seed of Israel; it’s a promise of ELOHIM and that WE have found to be truth.”

**OUR mission:** “To break people out of prison; to end slavery; to heal them of blindness; to build trees of truth in the minds of those belonging to ELOHIM.”

ALL those who desire to be a part of the mishpochach (family) of ELOHIM (FATHER YHVH, Son YEShua Ha Messhiach and RUACH Ha Qodesh, Holy Spirit), also known as (a.k.a.) “ELOHIM Echad”, must think for themselves and must become a “Hebrew” (“Hivreeet”) or “one who crosses over” from the darkness to the light!!!

Their is only one Messhiach, and HE is for the entire Olam (World), to the Yehudah (Jew) first and then to the Nations.

HE has come 2000 years ago and was resurrected and lives in the hearts of those who put their Emunah in ELOHIM (Faith in FATHER YHVH, Son, YEShua Ha Messhiach and RUACH Ha Qodesh, Holy Spirit) as RUACH Ha Qodesh (Holy Spirit).

The veil has lifted!!!

WE can always use more help in this most exciting and purposeful endeavor with eternal rewards!...

**Giver’s Motto** WE get to give; WE don’t give to get!...

When you bless the seed of Yisrael, you are blessed by a promise directly from ELOHIM! Remember that whatever you “give up”; you do it all for YEShua Ha Messhiach’s Name sake - see the promise and why WE do this in MattitYAHu (Matthew) 19:29 & Mark 10:30



The 5fG is made up of many members with various talents given by ELOHIM;  
OUR mission is to Glorify OUR ELOHIM with all that HE has given us.



**One Race; it's called Human”**; so as long as you are a part of the only race that ELOHIM has ever created, you are welcome to attend HIS annual event celebration called Yom Messhiach!

You might consider “Yom Messhiach” the heart of the matter, to be the “hub” on a wheel with 5 spokes.



**This heart** is a representation of what happens Spiritually when a human comes into the mishpochah (family) of ELOHIM.

It is a picture of a warrior's heart that had to be cut a.k.a. "circumcised" by a shield of war, depicted here as king DVD's shield of war, in order to enter in.

PAPPA (ELOHIM YHVH) desires to have more warrior's on HIS side of the battle between good and evil. Now that you are here, you are to consider yourself "the called"!

The chosen part comes when you choose HIM and HIS ways over the world; it's called "repentance".

Don't worry, HE is a gentleman, and never forces anyone to yield or to "humble" themselves to HIM. To humble ourselves is why HE gave us "free will", free will to become free indeed in HIS KINGdom of kings and Royal family.

Once you have enough courage to decide, i.e. to "kill off" your self spiritually, just as pesticide kills off the pests, a decision is a final act, opposed to our choices of ever changing "flippant ness", the freedom to rule and reign over your "old self" wrapped in a Spiritual "Robe of Righteousness" takes hold and never lets go, never to be tossed away, due to HIS Faithfulness, to keep you in HIS (ELOHIM YHVH's) perfect Love and constant perpetual Light & Sight, holding onto your right hand of HIS Right-teous-ness in YEShua Ha Messhiach!....

It is at this moment, you too become a "member" of the mishpochah forevermore!....

After this occurs, simply remember, "As you take the initiative to draw close to HIM; then HE will "show up" in your personal world, and draw closer to you." It is in that order!

This is 0% religion, 100% relationship building with the Super Saviour, Good Shepherd, Beloved Bridegroom, Master & Maker of the whole OLAM (universe), Great KING, OUR Everything!!!....

ELOHIM Echad ( Father YHVH, Son YEShua Ha Messhiach, & Holy Spirit Ruach Ha Qodesh are ONE)!!!....



## The spokes on this wheel of celebration include:

spoke i: "miamicarlo"

miamicarlo is a "hummus run" car rally where WE show off a "taste" of what HE has for all of us who attend or witness by visiting 5 Israeli Restaurants driving safely through SoFLo (South Florida), the turf given to US by ELOHIM to emulate "to the Yehudah first and then to the Nations", what it means to choose to follow the call of OUR King, the King of kings!

WE would be honored if you would do more than try it, but rather help to promote amongst your family and friends to help strengthen this spoke to aid in a bigger and better annual celebration of the Messhiach, to make HIM known, to circumcise hearts in order to increase a population that can live with and in the fruit of OUR King's RUACH (Spirit)!

### "hummus run"

1. a "car rally" from restaurant to restaurant: (5) total
2. Typical travel speed is at or slightly below posted speed limits.
3. Each driver will have multiple options:
  - 3.a. "ALL DRIVERS DRIVE AT THEIR OWN RISK AND UNDER THEIR INSURANCE."
  - 3.b. the option of driving from sight to sight as a "light of ELOHIM" in a single file "line of light".
  - 3.c. driving on their own from sight to sight
  - 3.d. driving in a coordinated group of your own making
  - 3.e. in other words, there are no rules given from anyone of the volunteers or event(s), coordinator(s) who help to celebrate the Messhiach.

"miamicarlo mentions" a.k.a. "SoFLo suggestions" - Driving instructions for the "remnant" a.k.a. the 1/3 of 1%. Strategic Vision: Driving fastly efficient with time management and safety in mind

Interstate driving tactics:

1. the left lane is only for passing
2. The left lane is only for acceleration IOT pass.
3. All driving, even if it's above limits or at very high speeds, is done in the furthest Right Lane that is clear and available.





## spoke ii: food of YEShua,

is the “home of the Falafel Vafel”, a waffle made from a secret hummus recipe that is intended to bring health to your house, children and family!



Home for US is: “Shamayim”, “Heaven”, “Cielo”, “Cello”, “El-Genah”

WE would be honored if you would do more than try it, but rather help to promote amongst your family and friends to help strengthen this spoke to aid in a bigger and better annual celebration of the Messhiach, to make HIM known, to circumcise hearts in order to increase a population that can live with and in the fruit of OUR King’s RUACH (Spirit)!



## spoke iii: Free Farm

free farm is a way for individuals and families to escape the chaos that this world offers on a grand scale in an effort to distract everyone from enhanced relationship with ELOHIM. The founders of free farm grew up in the country with horses, organic agriculture, lamb's, goats, chickens, hens, and the great outdoors and only want to share the experience by making it affordable for anyone to "hang out at the farm" and "pitch in" their talents and energy to cultivate the land and enjoy the fruits of their labor.

### "One Race; it's called Human"

WE would be honored if you would do more than try it, but rather help to promote it amongst your family and friends to help strengthen this spoke to aid in a bigger and better annual celebration of the Messhiach, to make HIM known, to circumcise hearts in order to increase a population that can live with and in the fruit of OUR King's RUACH (Spirit)!



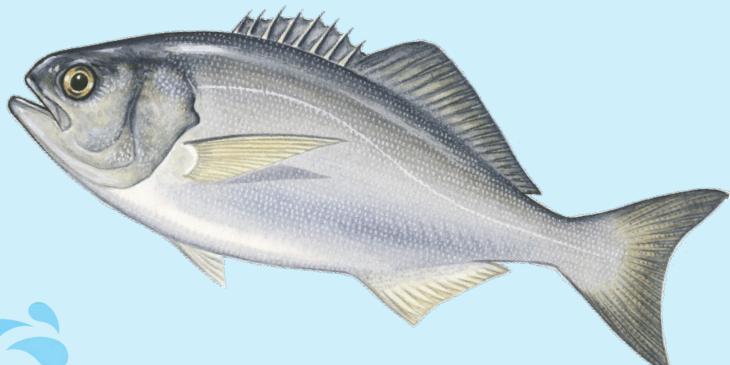


## Spoke iv: FishingForFamilies

is another “spoke in the wheel”, another member of the mishpochah of ELOHIM!

FishingForFamilies is a private club of fishing enthusiasts who enjoy the SoFLo salt waters.

WE would be honored if you would do more than try it, but rather help to promote it amongst your family and friends to help strengthen this spoke to aid in a bigger and better annual celebration of the Messhiach, to make HIM known, to circumcise hearts in order to increase a population that can live with and in the fruit of OUR King's RUACH (Spirit)!





## spoke v: CHRISTOCK

is a foundational ministry where WE help the body of Christ to put their talents on stage, giving them a platform to Glorify OUR creator. CHRISTOCK was founded after a supernatural experience occurred and gift was given from above to participate in the 25th anniversary of Woodstock in 1994. WE are constantly seeking singers, songwriters, artists, inventors, business persons, and polyglots to represent their countries, lineage, and people groups to Glorify ELOHIM with the talents and gifts given them.

WE would be honored if you would do more than observe, but rather help to promote it amongst your family and friends to help strengthen this spoke to aid in a bigger and better annual celebration of the Messhiach, to make HIM known, to circumcise hearts in order to increase a population that can live with and in the fruit of OUR King's RUACH (Spirit)!

• NEW ZEALAND • RUSSIA • AUSTRALIA • JAPAN • CHINA • THAILAND • INDIA • PAKISTAN • IRAN • ISRAEL • EGYPT • ITALY

HAWAII

USA

CANADA

MEXICO

ENGLAND

ICELAND

GREENLAND

BRAZIL

PUERTO RICO

CUBA

GUATEMALA



**CHRISTOCK.ORG**

• ENGLAND • ICELAND • GREENLAND • BRAZIL • PUERTO RICO • CUBA • GUATEMALA •

**Once those of US** who humble ourselves and ask ELOHIM to receive HIS Spirit by turning away (Teshuvah) from the Olam (the world) and it's ways, by placing OUR Faith in the blood of the sacrifice of YEShua Ha Messhiach, for US, who are now Shalomx3, (whole, complete, ONE) with ELOHIM, WE are then gifted with "YEShua's Righteousness", in the same way that "Righteousness was counted to Avraham", because he/ she believed in what ELOHIM told him to do, and then OUR life becomes "a state of being, not a state of doing" because HE (ELOHIM in the Flesh in the form of HIS Son) did it all perfectly for US who place OUR faith in HIM.





# Scriptural Meditations

## “SCRIPT MEDS”

Scriptural Meditations (“script meds”) are designed for you to listen repetitively, “at least 77 times each”, for all sorts of Supernatural blessings, including but not limited to healing, prospering, increasing the manifestation of the 9 fruit of Ruach Ha Qodesh (the Holy Spirit) found within those who have been baptized in the RUACH; the ability to Love others better, to experience the Joy of YEShua (Salvation), to walk in Shalom (a.k.a. with a mind of peace), to increase patience, to be more gentle, to be more kind, to increase in goodness, to increase in faithfulness, to increase in self control, being addicted to nothing; also to be more forgiving, taking no offense, and less detrimentally judgmental while, at the same time, having better judgement in order to (IOT) take the perfect path of our Heavenly Father’s (ELOHIM YHVH’s) will for our lives.

In other words; walking in and experiencing the abundante’ vida (“abundant life”) HE called us to live!!!....



**1. Safety:** "Safety first, second is too late." "It only takes a few seconds of safety to save a lifetime."

**Suggestion:** Buckle up everyone in vehicle.

**2. No racing:** WE have a racetrack for that at other times.

**3. No Speeding:** "the speed to achieve" on highway I-95, while traveling in miamicarlo Hummus run, is 55 mph.

**4. No negativity:** no "negative vibes" allowed.

**5. No Worries:** If you are separated from the mishpochah/family / tribe / pack during the miamicarlo hummus run, you may call the number given to you by "Protection Hand of ELOHIM" to get back with US.



## Yom Messhiach Prayer:

### Prayer of the SALTF:

PAPPA, ELOHIM YHVH, i thank you that WE are a part of your perfect plan of Salvation through the One and Only Messhiach, Yeshua Ha Messhiach, and this Yom Messhiach, this Day of Messiah that has been declared.

Those of us here to participate, and who say amen at the end of this prayer are here only to Glorify YOU!

WE pray, as one body in Christ Yeshua Ha Messhiach, that YOU bless this event and continue to bless the efforts daily, weekly, monthly and annually to “grow this Glow” for YOU brighter and brighter, to the fullness of YOUR Will & Glory!

Bless us to show and warn others with the light, brighter and brighter, continuously illuminating, the light of Yeshua that is found in US, for the purpose to provide a way for the lost and dying to find Yeshua Ha Messhiach, to fulfill your perfect will and plan of Salvation and Discipleship until that day YOU send YOUR Son, our Messhiach, to capture US who are one with YOU and rapture US as ONE mishpochah, ONE Family of YOURS ELOHIM, all this is done as WE are who, are one with YOU abiding in and for His name's sake, Yeshua Ha Messhiach's name forever WE pray, Amen, Amen, Amen!!!....

SALTF (Sea, Air, Land, Tasked Force) formed for the purposes of building the KINGdom of YHVH on Earth

1st SALTF 2nd SALTF 3rd SALTF 4th SALTF 5 SALTF



# Art to date:

1. "Aviv"  
by eric needle,  
representing USA time zone 18 (tz-18)



2. "CHRISTOCK Prophesy"  
by ignacio vasquez perez,  
representing cuba tz-18



3. "love in action"  
by michael,  
representing haiti tz-18



4. "the wave"  
by david munoz,  
representing costa rica, tz-18



5. "YEShua - crown of thorns"  
by david munoz,  
representing costa rica, tz-18



# Art to date:

6. "Apocalypse - fiery abyss"  
by marcello & david munoz  
representing USA tz-19 and costa rica tz-18



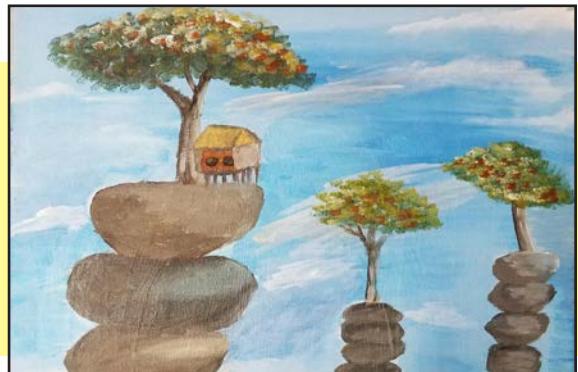
7. "Perfect Love"  
by marcello with help from "anastasia the great"  
and avigael ("tati") usa tz-18,  
russia tz-12 and yisrael tz-10



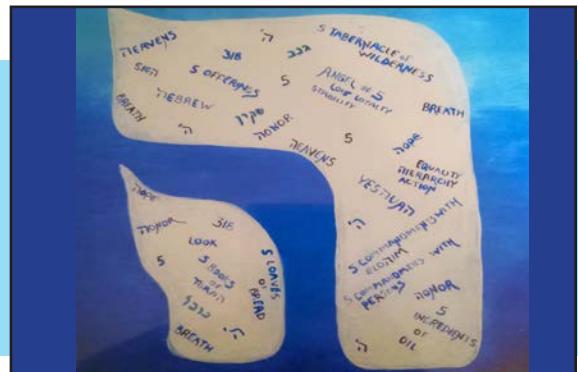
8. "Fervant Prayer"  
by avigael ("tati")  
yisrael tz-10



9 "Tree of Strength"  
by galina  
russia tz-11



10 "Hey"  
by yisraeli artist  
lihar tz-10



# music



1. "mission", by machito, representing cuba tz-18 music
2. "portal into SHAMAYIM", by marcello representing USA tz-18
3. "V frequency", by marcello representing USA tz-19
4. "HalleluYHVH", by marcello representing USA tz-20
5. "Ha Tikvah", by avivah, (feat. marcello) representing Yisrael, tz-10
6. "i love you Lord w/ YES YES YEShu", (feat. marcello) representing cuba tz-18
7. "so teu amore" by tony cruz, representing Brazil, tz-16
8. "breath" by marcello representing USA tz-21
9. "running with RUACH" by victorim strings (\*nasa\*) (feat. marcello), representing Paraguay, tz-18
10. "YOUR Power makes me fly", by daniel diaz, representing Venezuela, tz-18



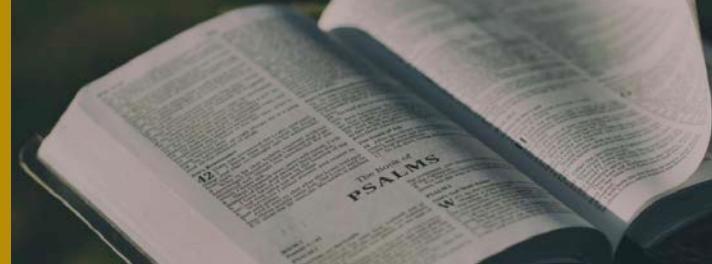
## lyrical truth meditations Vol 1 CD 1

1. "truth", by victorim strings,(nasa) adoniram, & marcello representing Paraguay, Puerto Rico, & USA tz-17, tz-17, tz-18
2. "my FATHER's House", by victorim strings, (nasa) adoniram, & marcello representing Paraguay, Puerto Rico, & USA tz-17, tz-17 & tz-19
3. "HALLELUYHVH", by victorim strings, (nasa) adoniram & marcello, representing Paraguay, Puerto Rico & USA tz-17, tz-17 & tz-20
4. "happily ever after", by seairah, dvd, uzi, adoniram, & marcello representing Yisrael, Puerto Rico, & USA, tz-10, tz-17, tz-19, tz-21
5. "World v WORD" by adoniram, & marcello representing Puerto Rico, & USA tz-17, tz18

-FOR 2022 VOL 2 CD I, VOL 2 CD II -FOR 2023 VOL 3 CD I, CD II, CD III



# Personal Prayer of YEShua (Salvation):



ELOHIM in Shamayim, Heaven, Cielo, Cello, El Genah, i come to YOU not knowing YOU like my heart desires to know YOU. i turn away from the ways of the world, and focus my faith and face toward YOU forever! Please help me to get to know YOU so i too can be a tool, a member of YOUR mishpochah, YOUR family, one of YOUR beloved children in YOUR KINGdom forever.

i put my faith in the shed blood of the Messiah, known as YEShua Ha Messhiach, Emanuel, ELOHIM with US, to be forgiven entirely; to cover ALL sin and disobedience from the time of the first human, adam, to and through eternity that has been a part of my life up until this moment of Amen, in the name of YEShua Ha Messhiach, Amen, Amen, Amen!!!....

## Prayer of Holy Spirit Baptism:

Please, now that i am a member of the mishpochah of ELOHIM, i ask YOU, PAPPA, to fill me with YOUR RUACH HA QODESH, (YOUR HOLY SPIRIT), in and for YEShua Ha Messhiach's name sake, i pray, Amen, Amen, Amen!!!....

## Water Baptism:

Water Baptism is a symbolic, but tangible witness to the world, that you have in good, alert, and sound consciousness, decided to "bury your old self" under the water, fully submerged, and that now you come up, leaving your "old self drowned to death", and as you come up out of the water, you come up as HIS new creation; all old things have passed away!

This is an important aspect of our journey in becoming mature believer's in the perfect plan of YEShua (Salvation) of ELOHIM!

"Keep learning at a higher level HIM & HIS ways!..."  
"a meohd, meohd YAHfe chayim (very very beautiful life) awaits you!!!..."

Reminder: this is 0% religion, 100% relationship building with the Super Saviour, Good Shepherd, Beloved Bridegroom, Master & Maker of the whole OLAM (universe), Great KING, OUR Everything!!!....

A special thank you to each and every participant, guest along with all the volunteer musicians, artists, mgrs, asst. mgrs., protection reps, auctioneer, auctioneer assts., table mgr(s) who "show up" to Glorify ELOHIM!"

# Holy Spirit Baptism prayer

Then pay attention to what happens directly and uniquely to you that will help guide you to a life of purpose, a life already planned out for you by simply following the perfect path in front of you, while not fretting if multiple paths come your way, because HE will straighten out the path you choose; just keep moving forward to get there the fastest.

Trust in ELOHIM (FATHER YHVH Son YEShua Ha Messhiach and Holy Spirit RUACH Ha Qodesh) with All Your Heart

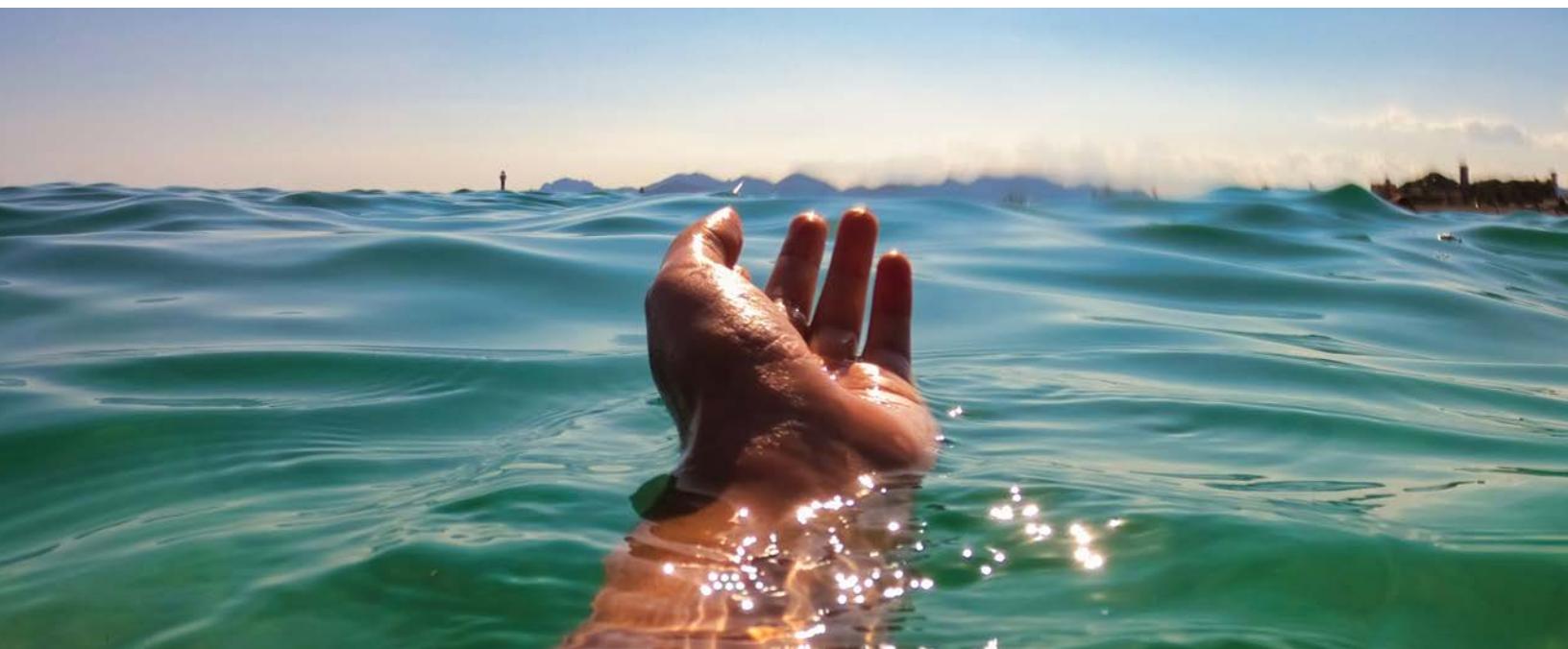
1. My child, who is in YEShua Ha Messhiach, do not forget my teaching,  
but let your heart keep my commandments,
2. for length of days and years of life  
and Shalom (Peace, Prosperity, Purpose) they will add to you.
3. Let not steadfast love and faithfulness forsake you; bind them around your neck;  
write them on the tablet of your heart.
4. So you will find favor and good success  
in the sight of ELOHIM and man.
5. Trust in ELOHIM YHVH with all your heart, and do not lean on your own understanding.
6. In all your ways acknowledge HIM,  
and HE will make straight your paths.

Mishlei (Proverbs) 3:1-6 (mv)

HIS ways are above our ways, so many times you may think, "this is a weird way to go", but in hindsight, you will find the path taken under HIS protection and guidance is more than genius, it is Devinely Designed.

Be thankfule in all circumstances, for this is the will of ELOHIM for you who belong to the Christ, YEShua Ha Messhiach. 1 Thessalonians 5:18 (mv)

If you still feel you need help to start, go to a friend of the family's website that will offer you tests to narrow the field of options that will demonstrate the Devine design within you, uniquely to help you in the areas best suited for your DNA makeup.



## **“The fruit of the Ruach Ha Qodesh (Holy Spirit)**

indwells in all of the “children of the sky”, all of the children of ELOHIM, who have ceded the call by receiving the gift of HIS blood shed sacrifice, by the measure of faith that has been given to all of humanity, in order to bring us closer to HIM and to each other by way of sharing in the Love of ELOHIM, the Joy, the Shalom (ONEness with ELOHIM) resulting in peace, prosperity, power, positive thoughts and energy a.k.a. “vibes”, and passion to live life to the fullest, the abundance in this life and the next eternal life that all were called to live in love, joy, peace, patience, gentleness, kindness, goodness, faithfulness and self-control; “addicted to nothing”!!!....



SUCCESS

## Significant success

can be found in the prioritized balance of 5F's: Faith, Family, Fitness, Fun and Finances to support it all!...

1- Faith in the unfailing faithfulness of ELOHIM. ELOHIM is a plural word representing Father, Son and Holy Spirit; in Hebrew Father is Transliterated as "AV" as found within HIS Transliteration from Hebrew to English as "ELOHIM YHVH". ELOHIM YHVH says WE have only ONE AV, ONE Father, the SON is Yeshua Ha Mashiach - Hebrew Transliteration; (in English Yeshua the Messiah) and The Holy Spirit, (RUACH Ha Qodesh - Hebrew) Echad (as ONE)!!!....

2- Family is super important, and that WE tell them as soon as WE come to find the truth about their own Salvation (YEShua), so that our family and all our loved ones are saved with US eternally in Shamayim; in heaven!!!....

3- Fitness is very important that we keep our health wellness and overall well-being intact. Fitness can be sustained in our diet and our spiritual meditations emphasizing scriptural truths within our meditations and sound biblical learning along with a proper diet and fasting program.

4- Fun is a very important part of life and it's also important to have fun with our family, the mishpochah of ELOHIM.

5- Finances, as long as we have enough finances to support all this, everything is yaffe meod meod (very very beautiful)!!!....

# fitness

- i. Warrior 1-5 diet
- ii. Communist Diet ✓
- iii. YEShua Diet



“Do all or any level of participation at your own risk - may be extremely dangerous”  
important note: Do your own research; think for yourself including Checking with  
your own Physician / Medical Doctor / Naturepathic Doctor and anyone or any  
clinical or non-clinical “study” you decide to check with. Remember ALL at your  
own risk.

Most importantly: Check With the “Great Physician” YEShua Ha Messhiach” if you  
have an intimate relationship with HIM by way of HIS Spirit a.k.a.  
RUACH Ha Qodesh

# Health & Wellness

After living in Nippon (Japan) i find this water therapy to be very effective for weight management and to help keep our micro-biome “firing on all cylinders”.

4-5 glass warm water empty bowel therapy:



Instructions—Best Practices for Morning Water Therapy

Drink 4 glasses of water immediately after waking, before consuming anything else. Avoid cold water.

Don't eat or drink for 45 minutes. This is a good time to brush your teeth, get ready, stretch, shower or prepare breakfast.

After 45 minutes, eat and drink as normal.

After eating, avoid drinking for two hours.

For first timers, or the sick or elderly that find 4 glasses difficult, start with a lower quantity and work your way up over time.

The warmer the better.

This may sound counter intuitive—most people turn up their nose at a glass of warm water—but imagine jumping into an ice cold lake. Your skin tightens, as does your entire body. A warm bath however, opens up your pores and promotes relaxation of the skin.

This is what happens in your digestive tract as well. A warm glass of water will stimulate digestive enzymes while loosening and moving the bowels, and is easier for the body to absorb as hydration. It's like giving your bowels a steam clean every morning before putting them to work.

## Make It Your Own

Healthy morning routines shouldn't feel like a chore. If they do, they're not likely to last. Find different ways to make it work for you and your lifestyle. Some ways to make it a sustainable habit include:

Timing—Sort out a way to fit it into your morning. You may have to wake up a little earlier, but sipping on water is as simple a task as you can start your day with. This can be a rare moment for yourself in the day, for reflection, reading or just relaxing. Reserve showering, getting dressed and teeth brushing for after you drink your four, as you'll have to kill 45 minutes before eating.

Lemon—This is outside the Japanese protocol, but if you're bored with plain water this is a far better option than passing on morning water entirely. A splash of real lemon juice helps the taste while adding vitamin C to your morning.

## Other Tips

Filtered Water—Not all water is created equal. Depending on location, building and pipes, you may have an abundance of healthy minerals, or a high concentration of harmful chlorine. To be safe, use a mineral water filter, and heat it in a pot or kettle.

Pinch of Salt—if you don't have much salt in your diet, consider adding a pinch of salt to one of your morning glasses. This helps the body absorb and retain the water.

Disclaimer: Don't overdo it. Drinking an extreme amount of water in a short time can lead to a condition called hyponatremia, which causes sodium levels in the body to drop and can be fatal. This is extremely rare, and occurs when one drinks several litres in one sitting, so if you've got some sense you'll be just fine.

So, just try—challenge yourself to implement this morning routine for one full week. Assess how you feel after—digestion, morning brain fog, and of course, bowel movements.

# Personal Prayer of Yeshua

ELOHIM b'Vakashah give me a Spiritually Circumcised heart as i put my emunah (faith) in His , YEShua Messiah so i too can be healed and filled with YOUR Spirit and YOUR likeness as YOUR Word speaks of in Devarim (Deauteronomy) 10:14-16; YeremiYAHU 4:4; Romans 2:28-29 bevekashah (please)!



# CityWize

WE would be honored if you would contribute all that you have within your own “personal arsenal” i.e. what ELOHIM has given and or “built in to your vessel”, to help promote this project development amongst your family and friends, to help strengthen the manifestation and realization of this project for the mishpochach of ELOHIM to govern, live in and create.

WE are the “light” to the whole Olam that WE, who are ONE with ELOHIM are called to emit.

This will also aid in a bigger and better annual celebration of the Messhiach, to make HIM known, to circumcise hearts, to rid Anti-semitism in HIS order to increase a population that can live with and in the fruit of OUR King’s RUACH (Spirit)!

“CityWize is a Devine Design with this in mind”.

[the5fg.com/citywize](http://the5fg.com/citywize)



**CityWize -  
City of Wizdom**

# Shalom

שָׁלוֹם

You may have noticed a varying degree in the use of the word “Shalom”, some say it once, often the orthodox or rabbinical will say it twice while WE who are ONE with all three forms of ELOHIM (FATHER YHVH, Son YEShua Ha Messhiach, & RUACH Ha Qodesh a.k.a. Holy Spirit) may say it thrice or as written Shalomx3.

It is believed that Shalom is defined as completeness, wholeness or ONEness with ELOHIM resulting in a Peace of three levels, the latter being a peace that surpasses all understanding a.k.a. “a peace through the storm(s)” that often are attributed to simply living this journey called lechayim (life).

So why the difference!?

It is also believed that those who may have no knowledge of ELOHIM, and or, might be considered agnostic, or even more deeply depraved as atheistic, have rationed the word of Shalom down to a simple form of hello, while those who say it twice may be connected, within their own minds, as whole or complete, because they know about ELOHIM Echad or ELOHIM as ONE alone, but not until those who are intimately personally known and know the true and living ELOHIM in all forms as FATHER - AV YHVH, Son YEShua Ha Messhiach and Holy Spirit in Hebrew as RUACH Ha Qodesh, Echad (as ONE), through a personal Circumcised heart that beats in and by HIS hand, will you hear them say Shalom, Shalom, Shalom to demonstrate the connection of all three as WE (ELOHIM & me) and as ONE!!!...

With that in mind, you may also notice, the rare occurrence, of those who say it thrice, willingly wear a “band of abiding”, a ring signifying a marriage to Messhiach, on their Right hand and “ring finger” ultimately anticipating the marriage at the supper of the Lamb, the Sacrificial Lamb of ELOHIM who paid the price in blood for those who abide in HIM. WE are these who are planning for “kingship”; to rule and reign Nations, during the highly anticipated 1000 year “millennial” period, expected to be coming soon, with YEShua Ha Messhiach as KING of Kings.

in HIS (YEShua Ha Messhiach's) final Words as the “Last Sacrifice” -  
“ZE NIGMAR” (“It is finished”- Hebrew)

## “Free Indeed Scriptures”:

When you are with YEShua Ha Messhiach, you are Free from all the holds this world tried to “put on you”.

+ 1 Corinthians 6:12 “Everything is permissible for me” - but not everything is beneficial. “Everything is permissible for me” - but I will not be mastered by anything. (Note: For those who have put their faith in the atoning blood shed by YEShua Ha Messhiach a.k.a. ELOHIM YHVH in the flesh a.k.a. AV of Shamayim in the flesh in the form of HIS Son) (mv)

+ John 8:36 So if the Son (YEShua Ha Messhiach) sets you free, you will be free indeed. (mv)

+ Galatians 5:1 It is for freedom that the Christ (YEShua Ha Messhiach) has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. (mv)

+ Galatians 3:22 But the Scripture declares that the whole world is a prisoner of sin, so that what was promised, being given through faith in YEShua Ha Messhiach, might be given to those who believe. (mv)

+ Ephesians 3:12 In YEShua Ha Messhiach and through faith in HIM we may approach ELOHIM with freedom and confidence.(mv)

+ Tehillim (Psalms) 119:45 I will walk about in freedom, for I have sought out your precepts. (mv)

+ Galatians 5:13-14 You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love. The entire law is summed up in a single command: “Love your neighbor as yourself.”

+ Romans 6:22 But now that you have been set free from sin and become slaves to ELOHIM, the benefit you reap leads to holiness, and the result is eternal life.

+ 1 Peter 2:16 Live as free men, but do not use your freedom to cover-up for evil; live as servants of ELOHIM. (mv)

+ 2 Corinthians 3:17 Now ELOHIM is the Spirit, and where the Spirit (RUACH Ha Qodesh) of ELOHIM is, there is freedom. (mv)



# “Very Important Scriptures:

“making the splintered Church into a solid spear”

## Scriptures for the Yehudah:

YESHaYAHU (ISAIAH) Chapt. 53: 4-6

(G) Surely HE has borne our griefs and carried our sorrows; yet we esteemed him stricken,  
(H) smitten by ELOHIM, and afflicted.

5 (I) But HE was pierced for our transgressions; HE was crushed for our iniquities; upon HIM was the chastisement that brought us peace, (J) and with his wounds we are healed.

6 (K) All we like sheep have gone astray; we have turned—every one—to his own way;  
(L) and YHVA ELOHIM has laid on HIM the iniquity of us all.

Daniel 9:25-27

25. Know and understand this: From the time the word goes out to restore and rebuild(D) Jerusalem until the Anointed One,[d](E) the ruler,(F) comes, there will be seven ‘sevens,’ and sixty-two ‘sevens.’ It will be rebuilt with streets and a trench, but in times of trouble.(G) 26 After the sixty-two ‘sevens,’ the Anointed One will be put to death(H) and will have nothing.[e] The people of the ruler who will come will destroy the city and the sanctuary. The end will come like a flood:(I) War will continue until the end, and desolations(J) have been decreed.(K) 27 He will confirm a covenant with many for one ‘seven.’[f] In the middle of the ‘seven’[g] he will put an end to sacrifice and offering. And at the temple[h] he will set up an abomination that causes desolation, until the end that is decreed(L) is poured out on him.[i]”

Jeremiah: 31: 31-35 (Yirmeyah 31:31-35) Orthodox Jewish Bible (OJB)

31 (30) Hinei, the days come, saith Hashem, that I will cut a Brit Chadasha with Bais Yisroel, and with Bais Yehudah;

32 (31) Not according to the Brit that I cut with their Avot in the day that I took hold of their yad to take them out of Eretz Mitzrayim; which My Brit they broke, although I was Ba'al (Husband) to them, saith Hashem;

33 (32) But this shall be the Brit that I will cut with Bais Yisroel [T.N. OJBC is Jewish]; After those days, saith Hashem, I will set My Torah in them inwardly, and I will write ketuvim on their hearts; and I will be their Elohim, and they shall be My People.

34 (33) And they shall teach no more every ish his re'a (neighbor), and every ish his brother, saying, Know Hashem; for they shall all have da'as of Me, from the katon of them unto the gadol of them, saith Hashem; for I will forgive their avon, and I will remember their chattat no more.

35 (34) Thus saith Hashem, which giveth the shemesh for an ohr by day, and the chukkot yarei'ach and chukkot kokhavim for an ohr by night, which stirreth up the sea when the waves thereof roar; Hashem Tzva'os is Shmo:

Romans: 10: 11-13 For the scripture says, “Whoever trusts in Him will not be put to shame.” For there is no distinction between Jew and Greek, for the same ELOHIM is ELOHIM of all--richly generous to all who call on Him. 13. For “Everyone who calls upon the name of YESHUA HA MESSHIACH shall be saved.”



Daniel 7:13 One like a Son...

Daniel 9: 26 (NIV) After the sixty-two ‘sevens,’ the Anointed One will be put to death and will have nothing. [g] The people of the ruler who will come will destroy the city and the sanctuary.

Daniel 9:26 Orthodox Jewish Bible (OJB)

26 And after threescore and two heptads, yikaret (will be cut off) Moshiach [Yeshayah 53:8], but not for himself [Yeshayah 53:4-6,8]; and the troops of the coming nagid shall destroy the Ir and the Kodesh (Beis Hamikdash, i.e., 70.C.E.); and the end thereof shall come with a flood, and unto the end there shall be war. Desolations are determined.

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Genesis 1:26 “Let US make man in OUR image. (FATHER, SON, & Holy Spirit - RUACH HA QODESH)

Tehillim 22:15-21 Orthodox Jewish Bible (OJB)

15 (16) My ko'ach is dried up like baked clay; and my leshon cleaveth to my jaws; and Thou layest me in the aphar mavet (dust of death).

16 (17) For kelavim have surrounded me; the Adat Mere'im (congregation of evil men) have enclosed me; ka'aru yadai v'ragelai (they pierced my hands and my feet; see Isa 53:5; Zech 12:10 and medieval Hebrew Scripture manuscripts as well as the Targum HaShivim).

17 (18) I can count all my atzmot; the people stare and gloat at me.

18 (19) They divide up my garments among them, and for my clothing they cast goral (lots) [Mt 27:35; Lk 23:34; Yn 19:24].

19 (20) But be not Thou far from me, Hashem; O my strength, hasten Thee to help me.

20 (21) Deliver my nefesh from the cherev, my yechid (only one, only [nefesh]) from the power of the kelev (dog).

21 (22) Hoshieini from the mouth of the aryeh; for Thou hast heard me from the karnayim of the wild bulls.

Tehillim (Psalms) 22:15-21 Tree of Life Version (TLV)

15 I am poured out like water, and all my bones are disjointed.

My heart is like wax—melting within my innards.

16 My strength is dried up like a clay pot, my tongue clings to my jaws. You lay me in the dust of death.

17 For dogs have surrounded me. A band of evildoers has closed in on me. They pierced[a] my hands and my feet.

18 I can count all my bones. They stare, they gape at me.

19 They divide my clothes among them, and cast lots for my garment.[b]

20 But You, ELOHIM, be not far off! O my strength! Come quickly to my aid!

21 Deliver my soul from the sword—my only one from the power of the dog.

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- 20 But You, ELOHIM, be not far off! O my strength! Come quickly to my aid!
- 21 Deliver my soul from the sword—my only one from the power of the dog.

## Tehillim 91:14-16 Orthodox Jewish Bible (OJB)

- 14 Because he hath set his longing upon Me, therefore will I rescue him; I will set him on high, because he hath da'as of Shmi (My Name).
- 15 He shall call upon Me, and I will answer him; I will be with him in tzoros; I will deliver him, and honor him.
- 16 With orech yamim (length of days, long life) will I satisfy him, and show him My Yeshuah (salvation).
- Orthodox Jewish Bible (OJB) Copyright © 2002, 2003, 2008, 2010, 2011 by Artists for Israel International

## Psalm 91:14-16 Tree of Life Version (TLV)

- 14 “Because he has devoted his love to Me, I will deliver him. I will set him securely on high, because he knows My Name.
- 15 When he calls on Me, I will answer him. I will be with him in trouble, rescue him, and honor him.
- 16 With long life will I satisfy him and show him My salvation.”

Psalm 118 a.k.a. Tehillim 118 in Hebrew (Important Notes of Psalm 118 - This Psalm says to open the gates of Righteousness and is read every Passover to this day. The day of Passover is the same day Yeshua Ha Messiah died - Christians call it Good Friday but the Yehudah call it "Pesach".

Tehillim 118: 1-21 Orthodox Jewish Bible (OJB)

118 O give thanks unto Hashem; for He is tov; Ki l'olam chasdo (for His mercy endureth forever).  
2 Let Yisroel now say, Ki l'olam chasdo.  
3 Let the Bais Aharon now say, Ki l'olam chasdo.  
4 Let them know that fear Hashem say, Ki l'olam chasdo,  
5 I called upon Hashem in distress; Hashem answered me, and set me in a broad place.  
6 Hashem is on my side; I will not fear; what can adam do unto me?  
7 Hashem taketh my part through them that help me; therefore shall I see my desire upon them that hate me.  
8 It is better to trust in Hashem than to put confidence in adam.  
9 It is better to trust in Hashem than to put confidence in nedivim (nobles).  
10 All Goyim surrounded me; but in the Shem Hashem will I cut them off.  
11 They surrounded me; yes, they compassed me about; but in the Shem Hashem I will cut them off.  
12 They compassed me about like devorim (bees); they are extinguished like the eish of kotzim (thorns); for in the Shem Hashem I will cut them off.  
13 Thou hast hard pushed at me that I fell; but Hashem helped me.  
14 Hashem is my oz (strength) and zimrah (song), and He is become my Yeshuah (salvation).  
15 The voice of rejoicing and Yeshuah (salvation) is in the ohelim of the tzaddikim; the Yamin Hashem doeth valiantly.  
16 The Yamin Hashem is exalted; the Yamin Hashem doeth valiantly.  
17 I shall not die, but live, and declare the ma'asim (works) of Hashem.  
18 Hashem hath hard chastened me severely; but He hath not given me over unto mavet (death).  
19 Open to me the sha'arei tzedek; I will go through them, and I will praise Hashem;  
20 This is the sha'ar of Hashem, into which the tzaddikim shall enter.  
21 I will praise Thee; for Thou hast heard me, and art become my Yeshuah (salvation).

Kehillah in Galatia 2:16 Orthodox Jewish Bible (OJB)

16 Yet we have da'as that a man cannot be YITZDAK IM HASHEM ("be justified with G-d" IYOV 25:4) by chukim of the Torah (laws of Torah), but through emunah in Rebbe, Melech HaMoshiach Yehoshua." And we have come to have bitachon in Rebbe, Melech HaMoshiach Yehoshua, that we can be YITZDAK IM HASH-EM ("be justified with G-d" IYOV 25:4) by emunah in Moshiach and not by chukim of the Torah, because by chukim of the Torah KOL CHAI LO YITZDAK ("all living shall not be justified" TEHILLIM 143:2).

Galatians 2:16 New American Standard Bible (NASB)

16 nevertheless knowing that a man is not justified by the works of [a]the Law but through faith in Christ Jesus, even we have believed in Christ Jesus, so that we may be justified by faith in Christ and not by the works of [b]the Law; since by the works of [c]the Law no [d]flesh will be justified.

Kehillah in Galatia 5:4 Orthodox Jewish Bible (OJB)

4 You who want to be YITZDAK IM HASHEM (“justified with G-d”) by chumra (legalism), [i.e., legal justification] by chukim of the Torah, are estranged from Moshiach, you at that point fall from the Chen v’Chesed Hashem

Galatians 5:4 New American Standard Bible (NASB)

4 You have been severed from Christ, you who [a]are seeking to be justified by law; you have fallen from grace.

Yehudim in Moshiach 3:15 Orthodox Jewish Bible (OJB)

15 As it is said, “HAYOM IM BEKOLO TISHMAU AL TAKSHU LEVAVCHEM (“Today, if you hear his voice, do not harden your heart” TEHILLIM 95:7) as in the Meribah Mered (Rebellion) [the Ma’al shmad Defection, the Azivah Desertion, see 2Th 2:3].

Kehillah in Thessalonika II 2:3 Orthodox Jewish Bible (OJB)

3 Let no one in any way lead you astray, because, unless the Merid (Rebellion, Revolt, the [Anti-Moshiach] Shmad Betrayal Defection of Apostasy, the Azivah Abandonment) Deseriton comes rishonah (first), and the Apocalypse of the Ish HaMufkarut (Man of Lawlessness), the Ish HaChatta’ah Ben HaAvaddon (Man of Sin, Son of Destruction Anti-Moshiach) is unveiled.

Zechariah 11:1 Open the Doors... (Important notes: The Heavy Doors (Gates) to ELOHIM opened by themselves, Gates so heavy, they took 20 men to open. The doors opened after the 30 pieces of silver were thrown into the temple by Judas, the betrayer, who felt guilty giving up Messiah for thirty pieces of silver)

Zechariah 11:12,13,14 Orthodox Jewish Bible (OJB)

12 And I said unto them, If ye think tov, give me my sachar (price); and if not, refrain. So they weighed out for my sachar (price) shloshim kesef (thirty pieces of silver).

13 And Hashem said unto me, Throw it unto the yotzer (potter); the magnificent price that I was priced of them. So I took the shloshim hakesef, and threw them to the yotzer (potter) in the Beis Hashem. [Shemot 21:32; Mt 26:14-15; 27:3-10; Ac 1:18-19]

14 Then I broke my second staff, called Chovelim, breaking off the achavah (brotherhood) between Yehudah and Yisroel.

Zechariah 12:10-14 Orthodox Jewish Bible (OJB)

10 And I will pour upon the Bais Dovid, and upon the inhabitants of Yerushalayim, the Ruach (Spirit) of Chen (grace) and of Tachanunim (supplications for favor); and they shall look upon Me whom they have pierced [dakar, “pierce through” cf. Yeshayah 53:5; Targum HaShivim Tehillim 22:17], and they shall mourn for Him (Moshiach) as one mourneth for his yachid (only son), and shall grieve in bitterness for him, as one that is in bitterness for his bechor (firstborn).

11 In Yom Hahu shall there be a great mourning in Yerushalayim, as the mourning of Hadad-rimmon in the valley of Megiddon.

12 And ha’aretz shall mourn, all mishpochot apart; the mishpachat Bais Dovid apart, and their wives apart; the mishpachat Bais Natan apart, and their wives apart; [Shmuel Bais 5:14]

13 The mishpachat Bais Levi apart, and their wives apart; the mishpachat Shimei apart, and their wives apart; [Bamidbar 3:17-18,21]

14 All the mishpochot that remain, all mishpochot apart, and their wives apart.

## Zechariah 12:10-14 New King James Version (NKJV)

### Mourning for the Pierced One

10 "And I will pour on the house of David and on the inhabitants of Jerusalem the Spirit of grace and supplication; then they will look on Me whom they pierced. Yes, they will mourn for Him as one mourns for his only son, and grieve for Him as one grieves for a firstborn. 11 In that day there shall be a great mourning in Jerusalem, like the mourning at Hadad Rimmon in the plain of [a]Megiddo. 12 And the land shall mourn, every family by itself: the family of the house of David by itself, and their wives by themselves; the family of the house of Nathan by itself, and their wives by themselves; 13 the family of the house of Levi by itself, and their wives by themselves; the family of Shimei by itself, and their wives by themselves; 14 all the families that remain, every family by itself, and their wives by themselves.

Isaiah 60:1-6 Arise, shine, for your light has come, and the glory of the Lord rises upon you.. - "they will come, praising the Lord with Gold, incense

### Mattityahu 17:10-12 Orthodox Jewish Bible (OJB)

10 And Moshiach's talmidim asked him, saying, Why then do the Sofrim say that it is necessary for Eliyahu HaNavi to come first?

11 And Rebbe, Melech HaMoshiach said in reply, Eliyahu HaNavi does indeed have his coming and will restore all things.

12 But I say to you, that Eliyahu has come already, and they did not have daas of him, but did to him whatever they willed [Mt 6:10]. So also the Ben HaAdam [Moshiach] is about to suffer by them.

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### Matthew 19:29 New International Version (NIV)

29 And everyone who has left houses or brothers or sisters or father or mother or wife[a] or children or fields for my sake will receive a hundred times as much and will inherit eternal life.

### Mattityahu 19:29 Orthodox Jewish Bible (OJB)

29 And anyone who left bais or achim or achayot or Abba or Em or banim or sadot (fields) on account of me [Moshiach] and my Name (Yehoshua, Yeshua), will receive a hundred times over and will inherit Chayyei Olam.

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Matthew 24:14 The Passion Translation Revised (TPTR)

14 “Yet through it all, this joyful assurance of the realm of heaven’s kingdom will be proclaimed all over the world, providing every nation with a demonstration of the reality of ELOHIM YHVH, Yeshua Ha Messhiach & Ruach Ha Qodesh. And after this the end of this age will arrive.”

Mateo 24:14 Jubilee Bible 2000 (Spanish) (JBS)

14 Y será predicado este Evangelio del Reino en el mundo entero, por testimonio a todas las naciones; y entonces vendrá el fin.

Mattiyahu 24:14 Orthodox Jewish Bible (OJB)

14 And this Besuras HaGeulah of the Malchut will be announced in kol haOlam (all the world) as an edut to all the Goyim, and then will come HaKetz

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Markos 10:30 Orthodox Jewish Bible (OJB)

30 But that he shall receive a hundredfold now in the Olam Hazeh, batim (houses) and achim and achayot and imahot and banim and sadot with redifot (persecutions); and in Olam Habah, Chayyei Olam.

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Markos 10:30 in all English of Hebrew

Mark 10:30 New King James Version (NKJV)

30 who shall not receive a hundredfold now in this time—houses and brothers and sisters and mothers and children and lands, with persecutions—and in the age to come, eternal life.

New King James Version (NKJV) Scripture taken from the New King James Version®. Copyright © 1982 by Thomas Nelson. Used by permission. All rights reserved.



Gevurot (Acts) 20:24 Orthodox Jewish Bible (OJB)

24 "But I gufa (myself) do not account my existence in the Olam Hazeh of any value to myself, if only I may finish my course and the avodas kodesh sherut which I received from the Rebbe, Melech HaMoshiach Adoneinu Yehoshua to bear witness to the Besuras HaGeulah of the Chen v'Chesed Hashem.

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Acts 20:24 New International Version (NIV)

24 However, I consider my life worth nothing to me; my only aim is to finish the race and complete the task the Lord Jesus has given me—the task of testifying to the good news of God's grace.

Kehillah in Rome 1:16-17 Orthodox Jewish Bible (OJB)

16 For I am not ashamed of the Besuras HaGeulah. It is the ko'ach (power) of Hashem for the Geulah deliverance (IYOV 19:25; YESHAYAH 43:1), to all who have emunah, to the Yehudi (the Jew) above all, but also the Yevani (Greek).

17 For the Tzedek Olamim, the Tzidkat Hashem (the righteousness of G-d) is having its hisgalus (revelation) in the Besuras HaGeulah by emunah (faith) from first to last, from [orthodox Jewish] Faith to [orthodox Jewish] Faith, as it is written, V'TZADDIK BE'EMUNATO YICHE'YEH ("The righteous by his faith shall live" CHABAKUK 2:4; Ga. 3:11; MJ 10:35).

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Romans 1:16-17 The Message (MSG)

16-17 It's news I'm most proud to proclaim, this extraordinary Message of God's powerful plan to rescue everyone who trusts him, starting with Jews and then right on to everyone else! God's way of putting people right shows up in the acts of faith, confirming what Scripture has said all along: "The person in right standing before God by trusting him really lives."

The Message (MSG) Copyright © 1993, 1994, 1995, 1996, 2000, 2001, 2002 by Eugene H. Peterson

Lukas 24:44 Orthodox Jewish Bible (OJB)

44 And he said to them, These are my dvarim which I spoke to you while still being with you, that it is necessary that all the things having been written in the Torah of Moshe and the Neviim and the Tehillim about me [Moshiach] to be fulfilled. [TEHILLIM 2; 16; 22; 69; 72; 89; 110; 118;]

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Luke 24:44 New International Version (NIV)

44 He said to them, “This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the Law of Moses, the Prophets and the Psalms.”

Yehudim in Moshiach 4:11-13 Orthodox Jewish Bible (OJB)

11 Therefore, let us have zerizut (diligence) to enter into that menuchah, for fear that anyone fall through following be'ikvot (in the footsteps) of their same lack of mishma'at (obedience) [cf 3:17-18; 4:6].

12 For the Dvar Hashem is chai (living) and chazak (strong), sharper than every doubled-edged cherev and penetrating as far as the division of nefesh and ruach, of both joints and marrow, and able to judge the machshavot and deliberations of the kavanat halev (the inner directedness of the heart).

13 And there is not nivra (anything created) nistar (hidden) from His sight, but all things are laid bare and exposed to the eynayim (eyes) of Him to whom we must render an account.

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Yehudim in Moshiach 4:1 Orthodox Jewish Bible (OJB)

4 Therefore, let us walk in yir'at Shomayim, for fear that, while the havtachah (promise) of entering the me-nuchah of Hashem is still open, anyone of you should seem to have fallen short of it.

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Hebrews 4:1 English Standard Version (ESV)

4 Therefore, while the promise of entering HIS rest still stands, let us fear lest any of you should seem to have failed to reach it.

English Standard Version (ESV)

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# renewing your mind

Renewing our minds a.k.a. “mastering our minds” was an emphasis that YEShua Ha Messhiach made often in the scripture, YES, HIS spoken word became “scripture”, a reliable foundation of truth for lechayim (for life).

The reason HE emphasizes the importance to renew our minds is because HE knows the world WE live in is fallen, but as long as WE, who are HIS, can meditate on the truth and promises of HIS Word, WE can rise above or change our worlds and bring Shamayim, Heaven, Cielo, Cello, EL Genah down to earth manifested into our personal lives creating the famous “free indeed” environment HE spoke of when HE said “to be free in ME is to be free indeed”.

WE are finding it to be true, and scientists are finding empirical evidence that WE, by meditating through hearing repetitively on the truth and promises of scripture, that understanding “epigenetics” is “above the genes” and will allow our genes to be “enlightened”; therefore changing the outcome of our health and well-being that has, in the past, been incorrectly and still is incorrectly being forecasted based on inherited genetic ancestry.

The governor, prime minister, president or king, whatever you might want to think of, what is the true you, running the show, of your 50-100 trillion cells, contained in the body is your mind, and more predominantly, the subconscious mind, which plays at a daily rate for 95-99% of time at 40 million bits per second as is found recently in science. WE know that ELOHIM is never changing, but science and man change in the level of knowledge that is revealed by ELOHIM.

Like a tape recorder a program plays, constantly “without ceasing”, that has been received through the things you have heard, seen and spoken of, over and over, throughout your life, and especially during your first seven years.

Currently, it is found, the best way to build or renew the human mind is to reprogram it with a vision of life you want to live, and then to record that vision, and then to hear that new program by repeat.

This is why it is emphasized in the weekly meditation suggestions that are broadcast to the mishpochach of ELOHIM, to listen to, or simply hear, the “script meds” (scriptural meditations) or the “BAM” ( Biblical Application Meditations) 77 times per week to grow “trees of truth” into your brain and transform your beliefs a.k.a. your subconscious, where our beliefs are held, to benefit your life and to create your own personal Shamayim, Heaven, Cielo, Cello, El Genah on Earth.

The KINGdom where YEShua Ha Messhiach is the KING of kings is available for all and is supposed to be lead by the Yehudim (Jews).

Now is the time for the Yehudah to take on the mantle of leadership during this last generation so that truth can be told, until Shamayim is brought in, and PAPPA (ELOHIM YHVH) brings in HIS Wife as an a fresh (new) Yerushalayim to headquarter the KINGdom.



## **What does it mean to be a Hebrew (Hivreet)?! (Check with Hebrew Speaking Israeli)**

All Yehuda (Jews) are not Hebrews and All Hebrews are not Yehuda but the requirement to be ONE with ELOHIM, as it was back in the Garn'eden (Garden of Eden), “before the Fall of Adam, the first human, is to become one who “crosses over” from the darkness. All humanity is born into, and must “cross over” from the darkness to the light or historically out as “crossing over from the desert to the promised land”. This is what it means to be a “Hebrew” i.e. “One who crosses over”, from the darkness to the Light of ELOHIM through putting their Emunah (Faith) in the blood shed by YEShuah Ha Messhiach when HE was crucified for the purpose of Salvation - the reflection of this Spiritual event goes way back, more than 3500 years ago when Moshe was called to rescue the Israelites out of Egypt and to ultimately cross over the Yarden River to take the promised land.

A simple sincere humble prayer will get you there!!!.... Forevermore!!!

Remember this has nothing to do with any religion of man, but is a Spiritual identity that PAPPA can see only through the Kippur, the blood atoning sacrifice that is required for all to seat their faith in, the blood that HE, HIMself shed when HE was in the form of HIS Son, YEShuah Ha Messhiach!

## **Taking HIS name in vane**

When a believer comes to find and know the truth and takes on the name of YEShuah Ha Messhiach and then does nothing with it, to promote it; one who doesn't attempt to add to HIS KINGdom, doesn't do what ELOHIM asks him or her to do, doesn't go where ELOHIM tells him or her to go; this is “taking HIS name in vane.

# +Interesting Facts of the Messiah's Birth, Life & Historical Signs of Pesach (Passover)

1. Born in Bethlehem, Israel in the same place at the same time when all lambs born in that specific Bethlehem were born for the sole purpose to be sacrificed at the standing 2nd Temple of Yerushalayim.
2. Unlike other animals, humans or mammals, all lambs are born in the springtime; YEShua Ha Messhiach is known as "The Lamb of ELOHIM".
3. YEShua Ha Messhiach a.k.a. Emanuel meaning "ELOHIM with us" in Hebrew fulfilled more than 300 prophesies from the prophets of the Tanakh such as Moshe, YESHaYAHU and Daniel too.
4. YEShua Ha Messhiach sweat blood into the soil of the garden of Gethsemane (garne'Gethshamesh) for a purpose which was to reverse the curse of sweating and having to toil for our living, for those who have faith in all that HE did for themselves personally.
5. A grace period of one generation, approximately 40 years, was held as an open door, before the Temple was "dismantled" by YHVH, from the time the Messhiach finished HIS mission to fulfill all the Torah (Law) perfectly because ELOHIM YHVH knew that no human was capable of fulfilling it perfectly to the Highest Holy Standard required by YHVH, our AV of Shamayim. This was and still is a message that "the last sacrifice" was completed for all of humanity to put their measure of faith given to them by YHVH into this blood shed by YEShua Ha Messhiach.
6. This period of 1 generation is currently active and open "to the Yehudah first" once again, because of the pattern of YHVH, as HE does in the beginning; so shall HE do in the end.  
WE believe this is the last generation for a "host of reasons" that have been found during the past 50 years of my studies combined with revelation and life experiences.
7. Just as the blood of the lamb over the door posts was required to save the Israelites first born Sons while in Egypt; this same remedy is the only way to save yourself, but on a Spiritual level to place your faith in the blood of the Lamb of ELOHIM a.k.a. YEShua Ha Messhiach.

Important Note: 1 Aviv is believed to be the date of birth of the Messiah because of the above and many other reasons that are closely held personal experiences within the hearts of "the believer".



# today's truth

Shalomx3 achi, ahoti, & Yedidim

today's truth(s):

- i. "the rich rise early; the poor sleep late"
- ii. "wealth is built greatest and easiest, without sweat, without sorrow, when WE give out of our "everything" that AV gave us; give to AV (our "Father of Shamayim" a.k.a. our "Heavenly Father") first; our time, our strength (our assets including but not limited to our money, resources, mind's meditation(s), property, etc.)".
- iii. Never "give anything a shot" - the key is to "never give up" on anything you start that will enhance you and your family's lechayim (life).
  - So decide, meditate a success story by recording how this will be super successful and do not stop until that meditation comes to "fruition" - "giving something a shot" always sets up the endeavor for failure.
  - Never stop until "significant success" is had.
  - Additionally, a "custom meditation" is usually required for those who have not experienced "significant success" in any or many areas of life; this is usually due to the "tape recorder" of lies that are held into their subconscious beliefs about themselves.
- iv. 5 Best and quickest ways to health that i have come to find through more than 30 years of study on the subject:
  - i. "hard dry fast"
  - ii. "soft dry fast"
  - iii. plain "pure alive / spring water" fast
  - iv. organic lemon water fast
  - v. master cleanser (spring water, cayenne, lemon & maple syrup - all non-pest infested "organic")
- vi. Today's truth: when the temptation of slavery walks up to us by way of a lender, a.k.a. the "slave owner" - resist that demon and "run" in the opposite direction.
- vii. Every moment behind us is a million years ago - so seize the moments of opportunities in front of US as soon as they appear.
- viii. For those of US with a "circumcised heart"; a requirement to recommune with our AV of Shamayim, ELOHIM "YHVH", OUR Heavenly FATHER exists. Embrace the change and laugh with HIM, at what "culture" perceives to be "bad", and believe that HE is masterly orchestrating your life, because HE is, into the book HE wrote about you before you arrived on earth; HIS authorship of your life is the best it will ever be and so much better than you may have ever imagined for your own life!...

ix: today's Truth: So to answer the silly question?

Can my PAPPA create a rock so big; HE can't pick it up?

Actually HE can do both; HE can do both; because HE stands in infinite dimensions

in one dimension, HE'll create it and in another; HE'll pick it up!...

x: today's Truth: after 50 years of study along with many, many "confirmations" and learning the patterns of my PAPPA; after understanding that HE likes to do things in order; in the "Righteous right order" of seven year intervals and then seven x seven year intervals plus one AKA 50 years, also known as the "Yovel" in Hebrew; HE has made it clear to me that this is the last generation.

You will see a Great divide coming over the next 37 years or so since the last Yovel was completed in 2017.

Now is the time to decide; are you with HIM or against HIM!?

EL-O-HIM; those who are with HIM, with their "circumcised hearts", will reap the benefits and blessings and prosper through these troubling times coming; for they will be protected by the hand of ELOHIM; the level of protection will be dependent on how close you are with HIM, EL-O-HIM; SO STUDY HIM; MEDITATE ON HIS TRUTHS LIKE THERE'S NO TOMORROW; GET TO KNOW HIM INTIMATELY!...

xi: today's Truth: "unforgiveness is like drinking poison and thinking the other person is going to get sick; so stop drinking the bitterness of the poison by forgiving quickly, and then, your heart will be healed from the bitterness it holds."

xii: Never try anything- trying always leads to failure - do it as a way of life and believe in every promise found in the scripture that ELOHIM has said!... Prosperity for HIS purposes will follow!... One promise is, for those who have received a circumcised heart by humbling themselves to receive the blood atoning sacrifice for themselves personally; you are royalty! Walk & act like it forevermore!... See: 1 Peter 2: 9-10

Note to anyone wanting to learn at a higher level (called decipleship) - what took me 50 years and travel to 23 countries studying cultures and religions around the world, i believe, with a reasonable (average) effort on your part could learn to know ELOHIM intimately personally within about 99 days. Contact me if you are interested in the 99 day life and mind beautification ("lamb") & living in ONEness now ("lion") program.

xiii: today's truth: "Procrastinating makes them poor and then they wonder why!?"

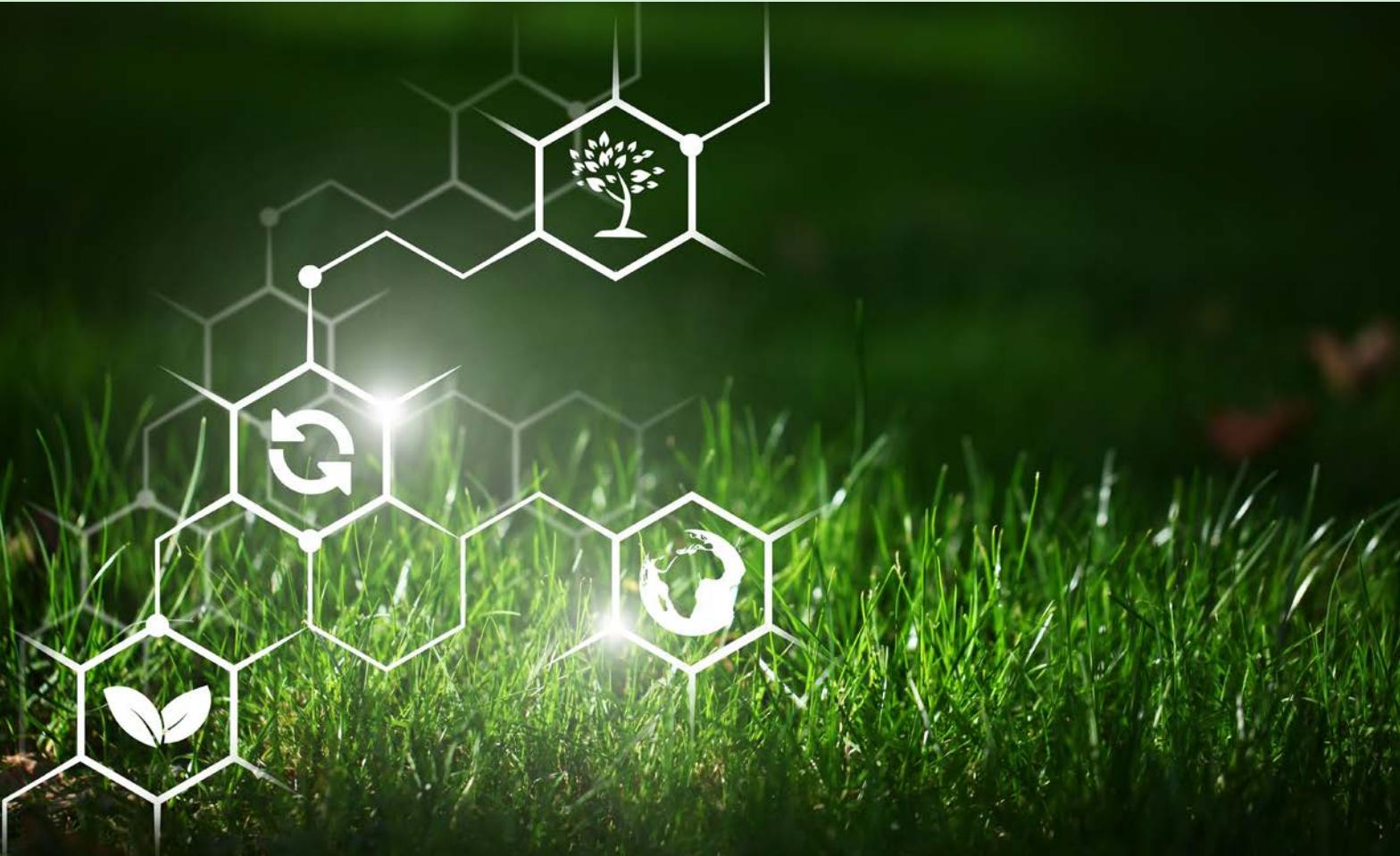
xiv: today's truth: Only WE can see through the darkness of the cloud within this fallen world when i have become WE (ELOHIM and me)!

as WE do not believe in any theory of macro-evolution, there is evidence of micro-evolution or “speciatic” evolution within a species that supports the separation of “Kind” into various species such as the various types of dogs within the singular “Kind” of animal that a dog is.

An additional evolving feature that WE all can relate to is in the evolution of our emotions a.k.a. emotional maturity, emotional IQ, emotional intelligence or as WE coin the term herein as “Emotional Evolution”. This level of “emotional evolution” varies within the human kind, based on many factors that our journey of lechayim has taken into, out of, and from.

Our experience develops the depth of our “emotional evolution” therefore giving us, as life throws more experience of stress, coupled with reflection for learning, until that learning develops into a subconscious belief; therefore, the more abundant our life is “or”, has been will determine the trajectory of growth within the “emotional evolution arena”. All of our emotional evolution, maturity, IQ or the like can be shaped by meditation.

WE like to encourage all members of the mishpochach of ELOHIM to meditate on HIS truth and promises which will, and consistently does, enhance the life of those who take the initiative to meditate on the DEVAR (WORD) of ELOHIM.



# mishpochach social

The mishpochach social events of SoFLo are designed to build a family of ELOHIM that represents ELOHIM. The more participation; the more WE are offered free and discounted invites because WE become a walking economic force. Everything in this world is physical and the entities of this world will recognize that if they are nice to us, WE can help contribute greatly to their success when they support US and are affiliated with US.

All of our events give you, your entire family, friends, and loved ones a safe place to party and socialize. It's important to date your spouse often and to build a fun relationship with your family and friends in order to build enduring relationships without the pretentious socializing within a secular lost from ELOHIM culture.

Over time, the more WE come together in bigger numbers, the more SoFLo will pay attention to the mishpochach of ELOHIM.

If you want to help reduce anti-semitism in SoFLo, WE "show up" to the lost culture that WE are the kool ones, and the ones to be envied, to enjoy the presence of ELOHIM within US, and to invite into their hotels, restaurants, amusement parks, casinos, horse farms, concerts, fishing tournaments, jet ski rentals, race boat event participation, naturist events, etc. So anytime an invitation comes out, show strength by "showing up" with style.

Also if you have leadership qualities to help organize an event, please let's do it together to help make your ideas successful.



# **SCRIPTURES: “Circumcised Heart” & Messhiach in Tanakh**

A requirement persists for each and every human (adam) to willingly invite a “Spiritual circumcision of their own heart” in order to recommit with OUR AV of Shamayim.

Whether or not you believe in this truth is irrelevant and don’t make it a lesser requirement; it still is a requirement to enter through the gates of Shamayim (Hebrew)

The population of angels in the after-life await with a joyful expression every-time one human i.e. all humans who are born into this world with a “sin nature” a.k.a. “sinner”, teshuvah (turns away) from the Olam (World) a.k.a. “repents” and turns their face of their life toward a forward motion to seek the face of ELOHIM, through the blood shed path of the One and only Messhiach; YEShua Ha Messhiach to leave their old self and old life behind, spiritually “dead at the door” by way of a permanent decision to live in, abide in & love ELOHIM Echad forevermore!!!...

## **Devarim (Deuteronomy) 30:6**

Moreover YHVH your ELOHIM will circumcise your heart and the heart of your descendants, to love YHVH your ELOHIM with all your heart and with all your soul, so that you may live. (mv)

## **Devarim (Deuteronomy) 10:14-16**

Behold, to YHVH your ELOHIM belong heaven and the highest heavens, the earth and all that is in it. Yet on your abba’s did YHVH set His affection to love them, and He chose their descendants after them, even you above all peoples, as it is this day. So circumcise your heart, and stiffen your neck no longer.

## **YeremiYAHu 4:4**

“Circumcise yourselves to YHVH And remove the foreskins of your heart, Men of Yehudah and inhabitants of Yerushalayim,  
Or else My wrath will go forth like fire And burn with none to quench it, Because of the evil of your deeds.”

### **YeremiYAHu 31:31-34**

“Behold, the days are coming, says YHVH, when I will make a new covenant (Brit Chadashah) with the house of Yisrael and with the house of Yehudah (Judah)— 32 not according to the covenant that I made with their Abba’s in the day that I took them by the hand to lead them out of the land of Egypt, My covenant which they broke, though I was a husband to them, says YHVH. 33 But this is the covenant that I will make with the house of Yisrael after those days, says ELOHIM: I will put My law in their minds, and write it on their hearts; and I will be their ELOHIM, and they shall be My people. 34 No more shall every man teach his neighbor, and every man his brother, saying, ‘Know YHVH’ for they all shall know Me, from the least of them to the greatest of them, says YHVH. For I will forgive their iniquity, and their sin I will remember no more.” (mv)

### **Romans 2: 28-29**

For he is not a Yehudah (Jew) who is one outwardly, nor is circumcision that which is outward in the flesh. But he is a Yehudah (Jew) who is one inwardly; and circumcision is that which is of the heart, by the RUACH Ha Qodesh (Holy Spirit), not by the letter; and his praise is not from men, but from ELOHIM. (mv)

### **YEShua Ha Messhiach in Tanakh**

Zechayar 12:10 “And I will pour out on the house of Dvd and the inhabitants of Yerushalayim a RUACH (Spirit) of grace and supplication. They will look on ME, the one they have pierced, and they will mourn for HIM as one mourns for an only child, and grieve bitterly for HIM as one grieves for a firstborn son. (mv)

# 5 minute gospel

This is the good news, also known as the Gospel Truth. FATHER ALMIGHTY, Maker of Heaven and Earth, realized the fall of the first man, known as Adam (Human in Hebrew) could only be rectified or restored to HIS original intention by a blood Sacrifice. The first Adam would not be able to save itself, that man would not be able to save himself, So AV YHVH (FATHER ALMIGHTY) took it upon HIMself, by manifesting HIMself, the FATHER ALMIGHTY into the flesh because HE knows HIS universal laws that only HE made; that “kind can only save kind”.

The reason HE became human was so HE could give each and every human the opportunity to reunite, or re-commune with HIM as it was, back in the garden, before “the fall” of Adam.

YEShua Ha Messhiach is the name that ELOHIM YHVH gave HIMSELF as HE walked on Earth as HIS Son. YEShua means Salvation in Hebrew, the Hebrew language never had a J sound in its origins and the letter J itself only came about in the 15th or 16th century during the reign of king James, so apparently he decided to put and substitute his beginning letter into a word that used to be used to hail Zeus, a false imitation, but real creature in the Greek empire.

Please research the name yourself so you can be more correct in the name when teaching others and also in your own personal worship.

YEShua Ha Messhiach; YEShua the Messiah in English, paid the necessary price and penalty of death, for any and all sin from the first man, Adam, to and through eternity, only for those individuals who believe by placing their personal faith into the blood HE shed on a tree, a cross at Calvary, Golgotha in Israel. After the sacrifice HE was placed into a garden tomb and on the third day, was resurrected. After HIS resurrection HE was seen and spoke to more than 500 witnesses in HIS resurrected body which had the capability, to walk through walls, a Glorified body that HE wants to give you too some day, during the next resurrection.

All sin must be forgiven only by a blood atoning sacrifice, a “Kippur”. Notice that for 2000+ years there has been no “Kippur” for the Temple that fell after one generation of grace for the Israelites of that day to accept the last sacrifice necessary. ELOHIM Echad (FATHER YHVH, Son YEShua Ha Messhiach and Holy Spirit RUACH Ha Qodesh) did it all for us because HE knew the impossibility of the task for humanity to be perfect as HE is perfect, and who fulfilled ALL the Torah perfectly as is required in order to re-commune with ELOHIM as it was originally designed in the Garneden (Garden of Eden) This why there is no more physical building to be used as a Temple since that last sacrifice; the Temple now dwells within each “believer” in All that YEShua Ha Messhiach did.

This is also why all Temple sacrifices ceased, for approximately 2,000 years, after YEShua Ha Messhiach resurrected and HE ascended to Shamayim (Heaven) to sit at the RIGHT HAND and throne of Elohim forever!!!!....

In His love and for His name’s sake, HE urges you and calls you to receive by faith in HIM, and in HIS shed blood, to decide to “turn away” from serving this temporal and “fallen world” a.k.a. “repenting” and to instead serve Him by building HIS eternal KINGdom and spread the news of HIS grace filled perfect plan of Salvation; first for you personally and then simply share the treasure to others - keeping life simple and abundant.

Once you come to the realization and belief of this Truth and all HE has done for you, it is easy to share out of a heart full of the Joy of YEShua (Salvation)!

Everyone is currently living under a blanket of grace hand knitted by ELOHIM HIMSELF; with benefits and blessings, this blanket of grace allows us to search on our own to find our Salvation, truth about the purpose of life and our unique plan for our life that was written for each of us before showing up in this fallen world. Few find the pages of the book written in Heaven and stay there, they start to think too much of themselves because they think that the “zone” they experienced for a period of time was all on their own doing without the help of ELOHIM.

Did you know that every good thing that comes to and in your life comes from the Hand of ELOHIM!?

“Every good gift and every perfect gift is from above, coming down from the AV of lights (Heavenly FATHER), with whom there is no variation or shadow due to change.” Yaakov 1:17, (mv):

HE stretches toward us day after day while most ignore HIS presence. Whether you've been taught from a young child, before the age of 7 years old when your subconscious mind was built by those of influence around you to teach you truth or not, you too can rebuild and renew your mind; a critical factor to appreciate what ELOHIM has done for us in HIS Perfect Love and Plan for our lives naturally and supernaturally, through the temporary time that all will experience here on earth and to and through eternity with HIS majestic presence and continuous joy filled forever life promised experience to come, you can find what so many others have found in HIM.

HE calls out to you now as you read this to take a small step of faith and read aloud the “Salvation Prayer” and Holy Spirit filling prayer sincerely so that you may see that the path to ELOHIM through YEShua Ha Messhiach who paid the price in HIS own blood for you can intimately show you HE is hear with all of us just waiting for you to turn away (repent) from all the distractions this world offers and turn your face to HIM to guide you into living the rest of your life in the book written for you!...



**It is time to tear down that veil of blindness** that has plagued the Israelites for more than two thousand years; tear down that veil of separation that has already been torn from top to bottom by the Hand of ELOHIM HIMSELF.

the5fG.com is a website designed to help you intimately enhance your relationship with ELOHIM using state of the art and science backed proven techniques along with Psychological Kinesiology to help renew your mind by building “trees of truth” by hearing repetitively “scripture meditations” after you recognize or come to believe in the “absolute truth” held within the Word (Devar) of ELOHIM. Our beliefs are established, at first, consciously and then must be developed by hearing repetitively in order to (IOT) build our beliefs into our subconscious mind, the governor of our 50-100 trillion cells contained in our bodies, a.k.a. the “new temple” since the second Temple was torn down approximately 2000 years ago when YEShua Ha Messhiach completed and fulfilled the Torah (Law) for those of us who put our faith into what only “HE finished” perfectly (this applies to all of the “One Race; it’s called Human”) including both Yehudah and Gentile so we can all become ONE with ELOHIM under ONE Messhiach who paid the price in HIS Own Blood, a.k.a. “the FATHER in the Flesh”, our AV, or YHVH (YOD HEY VAV HEY) a.k.a. PAPPA and then became “the last sacrifice” necessary forever for those who put their faith in that shed blood and receive it as a gift.

The “Governor of our cells” a.k.a. the subconscious mind, will take control of our 50-100 trillion cells and emit the 1.4 volts of energy per cell (approximately 70-140 trillion volts) to PAPPA letting HIM (EL-O-HIM) know constantly that you are ONE with HIM as a child is to HIS only FATHER, so as to help you create your own personal Shamayim, Heaven, Cielo, Cello, El Genah while walking on this earth with more Love, Joy, Peace, Patience, Gentleness, Kindness, Goodness, Faithfulness, & Self Control - being addicted to nothing.

Dig deep into this website and listen, hear, read out loud over and over about the truth; about living the abundant life with a real tangible relationship with ELOHIM.

“Faith comes by hearing and hearing by the WORD of ELOHIM” - this means that if you want to build your faith, you must “hear” the truth about ELOHIM and HIS ways, to get to know HIM (EL-O-HIM) as a “best friend”, a wonderful counselor, a Super Saviour, a Beloved Bridegroom, a Good Shepherd, a Great King, your everything, someone you can actually depend on, right here and now and for all eternity!!!....

This “Supernatural relationship” in reality is built just the same as building a relationship with a best friend; with time and attention, being thankful of all HE has done for us in the infinite ways HE has provided, to be kind and reverent of HIM as you would do the same to build a best friend relationship in the natural.

“This is not a religion” statement: 0% Religion 100% relationship building.

It will be undeniable in your own heart.

This is all a part of prophesy being fulfilled by the book of and Prophet YeremiYAHU Chapter 31 v. 31-35

“To the Yehudah (Jew) first and then to the Nations.”

At times, it is necessary to deceive the deceived; especially those who are part of a culture that has brain poisoned their own seed for more than two thousand years to recognize their own Messhiach, so they too, may “see the light”, and join the “free indeed”!



**TRADITION teaches HISTORY; TRUTH  
teaches HIS-STORY ETERNAL LIFE...**

**the5fG.com**

**STOP stifling;  
lead in truth or let MY people go**

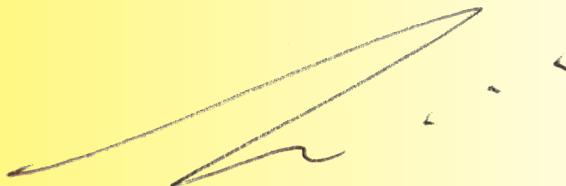
Written 31 March 2021: Benyamin is incorrect in leading Israel; leading them to a 2/3rds silent Holocaust and, in the process, is influencing many in the wrong direction.

HE is saying this is the time where many who have been lamb's are about to transition to HIS Lion side, 'HIS Pride of Lions who have no pride at all'.

HIS side of strength to rescue the weak and lost who cannot see, see what only HE can be in-side of each of US who love and can have the depth of courage to "let loose of the bar", "step off" and reduce to 0% so HE can be 100 in US,

Note to the kabolism student: Kabolism misses this most important aspect of "reduction", the filling of HIS RUACH (Spirit) in place of OUR, for those of us who are ONE with ELOHIM, nothingness.

Participate to enhance your life to new heights no matter what level believer you are currently: "99 day life and mind beautification ("lamb") & living in ONEness now ("lion") program".





absolute truth